

## **Panchkarma Department (Medicine Department)**

### **OPD No. 105**

Panchkarma is a super speciality of Ayurveda. It deals with procedure for sharir Shuddhi for different chronic Disease. Panchkarma includes following Procedures.

#### **1. Purva Karma**

- Snehan
- Swedan

#### **2. Pradhan Karma**

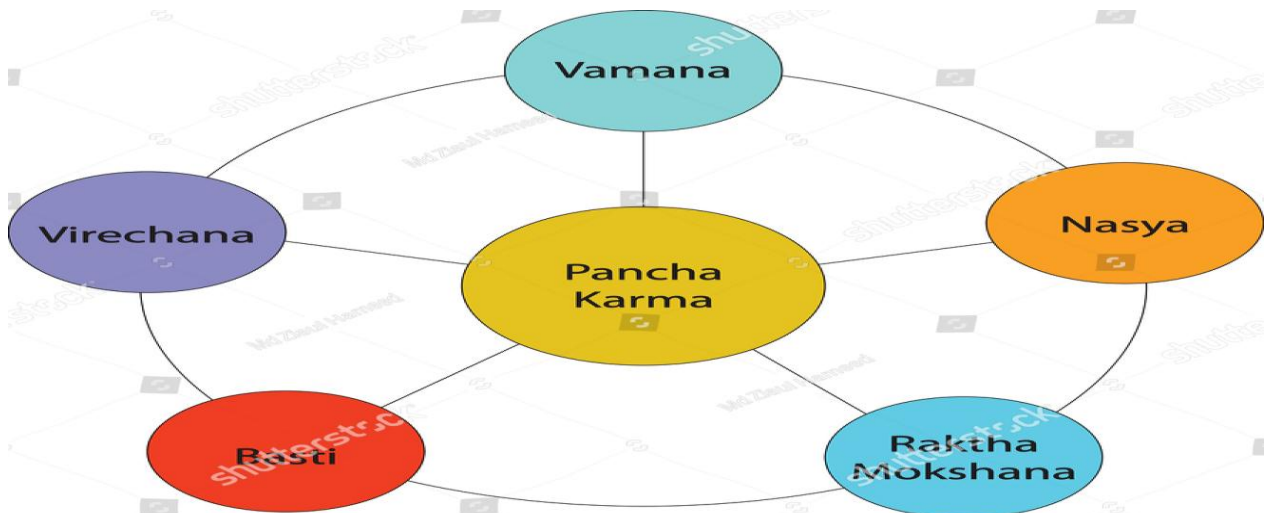
- Vaman
- Vircheana
- Basti
- Nasya
- Raktmoshan

Siravedha

Jaloka avacharan

**Along with above 5 major karmas various upkarmas are also conducted for OPD as well as IPD Patients**

- Shirodhara , Shirobasti, Kati basti, Udavartanam, Avagaha Sweda, Pinda Sweda, Upnaha Sweda, Sarvang Abhyanga, Sarvang Swedana etc.
- Reminders are giving for regular seasonal camps.
- Authentic panchkarma procedure yearly as preventive & curative measure through seasonal camp.
- Community trainings are conducted for awareness of panchkarma and Sharir Shuddhi.



***Five Functions in Panchakarma Therapy (Ayurveda)***

## Our Specialty

Indicate classical Panchkarma procedure carried out as per diseases.

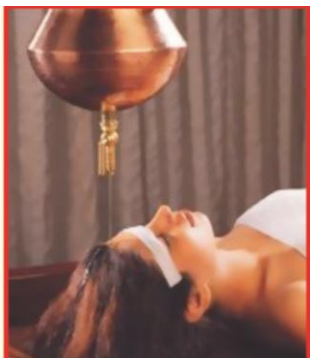
- Arthritis, Gout, Rheumatoid Arthritis, Ankylosing Spondylosis vascular neurosis
- Diabetes, Hypertension, Hypothyroidisms, Hyperthyroidism, Endocrinal Disorders obesity
- Skin care-psoriasis, hair fall, acne, dementia, urticaria.
- Preconceptional Sharir Shuddhi for male & female as well as cases infertility.

## Our strength

S. N.	Name of Doctor	Designation	OPD Day	OPD Time
1	Dr. Gaurav Khawale M.D., ( Panchkarma)	Consultant	Monday – Saturday	10:00 am to 03: 00 pm
2	Dr. Bhavana Gandhi	Physiotherapist	Monday – Saturday	10:00 am to 03: 00 pm



शिरोधारा



शिरोबस्ती



रक्तमोक्षण



## Physiotherapy Section

- Highly advanced Physiotherapy center with all physiotherapy equipment and instruments.
- Also qualified physiotherapist is available
- Physiotherapy is performed for rehabilitation of paralytic, operated and choric patients.

